



Waterproof Cast Covers

Summary

ELMMB does not support the prescribing of waterproof covers to protect casts or a peripherally inserted central catheter (PICC) lines. There is no evidence for use of these products as trials have not been undertaken as would be expected.

These products are waterproof protectors designed to keep plaster casts, dressings or PICC lines dry while bathing or showering. It is a reusable product that can be completely submerged. It is a self-sealing, self-supporting garment which prevents the penetration of water to plaster casts and wound dressings on arms or legs during bathing. It is simple and comfortable to use and will last through the average users duration of treatment. It is a non-sterile product and is primarily intended for use in a bath or shower.

LimbO/Seal Tight (or alternative waterproof cover/protector) requests to primary care

LimbO or Seal Tight request reason	Recommended action for primary care
Request from secondary care for a PICC line patient	Supplies should come from the hospital/secondary care if a LimbO is clinically necessary to prevent infection. Primary care should not prescribe these, refer requests back to secondary care, unless exceptional circumstances.
Patients who have broken limbs or under the care of the fracture clinic or orthopaedics	Patients may be given a leaflet from orthopaedics or the fracture clinic about a LimbO (or similar protective product) and suggest patients purchase their own LimbO. https://limboproducts.co.uk/ or https://www.seal-tight.co.uk/shop Primary care should not prescribe in these situations and encourage patients to purchase if they like. Patients, who don't want to purchase a cover, could consider using household items to keep the cast dry whilst washing such as using a sealable plastic bag over a cast to keep it safe from water or use a plastic wrap to effectively waterproof a cast. See NHS Choices information on 'caring for my plaster cast'
Patients having wound care for leg or foot ulcers requiring bandaging that is carried out once or twice weekly or on recommendation from a nurse from the wound care service	Primary care may prescribe a LimbO/ Seal Tight on FP10 if recommended. These covers can last for several years, therefore a one-off acute prescription is all that should usually be needed. Where appropriate, patients should be reminded that these products can be purchased and that information on these products can be found via: https://limboproducts.co.uk/ or https://www.sealtight.co.uk/shop .

If there are exceptional circumstances, prescribers may use their clinical judgement to prescribe if clinically indicated.