

Protocol for using efudix® 5% cream for actinic keratosis and Bowen's disease in primary care

Actinic keratoses are dry scaly patches of skin caused by damage from years of sun exposure. Bowen's disease presents as one or more irregular erythematous scaly plaques. If the lesion is rapidly growing, painful, tender or very hyperkeratotic and you suspect squamous cell carcinoma, refer to secondary care via TWW pathway.



Actinic Keratosis
Single or confluent or field change

Bowen's disease



Efudix 5% cream od to bd for 3-4 weeks
Stop efudix for 4 weeks
For persistent lesions, repeat the regime

For further information:

<http://www.pcds.org.uk/clinical-guidance/actinic-keratosis-syn.-solar-keratosis>

<http://www.pcds.org.uk/clinical-guidance/bowens-disease>

Picture courtesy from PCDS website