

Management of Moisture Lesions and Incontinence Associated Dermatitis (IAD)

Please manage the reason for any incontinence & ensure appropriate advice obtained / referrals made / products used. See continence & Catheter Care Formulary

Healthy skin Maintain integrity Keep skin clean and dry	Un-perfumed soap and water to cleanse ensuring soap residue is rinsed off. Dry skin should be moisturised to reduce risk of breakdown.	
Mild excoriation IAD No broken areas. Erythema(Redness) only	Consider soap substitute to cleanse (this must be rinsed off. Towel dry) Use durable barrier cream:- Medi Derma-S Cream	
Moderate excoriation IAD Erythema with less than 50% broken skin	Use soap substitute to cleanse (this must be rinsed off. Towel dry) Use barrier film Medi Derma-S barrier film	
Severe excoriation IAD More than 50% broken skin Oozing and / or bleeding	Use barrier treatment Medi Derma-Pro Cleanser and Ointment	
Peri-wound maceration / excoriation.	Consider more absorbent dressing or changing dressings more frequently Use barrier film / spray:- Medi Derma-S barrier film	
Sweat rash in skin folds	Use Soap substitute to cleanse Use barrier cream Medihoney Cream	
Any skin level of skin damage caused by uncontrolled diarrhoea including erythema	Use barrier treatment Medi Derma-Pro Cleanser and Ointment	

Medi Derma products are first line

If problem persists and due to incontinence: Ensure continence assessment has been carried out and refer to Bladder and Bowel Specialist.

Telel to blade				
Medihoney	NHS Codes	2g Cream	50g Cream	
Derma Sciences		ELY374 £6.00 box 20	ELY 289 £4.80 each	
Medi Derma-S Cream	NHS Codes	2g Cream ELY536 £3.02 box 20	28g Cream ELY563 £1.93 each	
Medi Derma-S Barrier Film	NHS codes	1ml Applicator ELY532 £2.28 box of 5	30ml Spray ELY562 £2.72 each	
Medi Derma – Pro	NHS codes	250ml Foam Spray Cleanser ELY608 £4.69 each	115g Ointment ELY607 £7.14 each	This is a 2 part system and both items should be used

Designed by Liz White Tissue 2020 For review 2023

