








Identification guide for the Preferred Formulary Choice Combination Product Inhalers used at Step 3 in the Management of Asthma and COPD

The approved local **asthma** guidelines can be found [here](#) and the locally approved **COPD** guidelines are available [here](#)

Please note all combination inhalers should be prescribed by brand as in some cases several different devices containing the same combination of drugs are available.

Name	Image	Description	Indication/Dose
<p>Beclometasone/Formoterol Metered dose inhaler extra fine particles (Fostair®) beclometasone 100 micrograms and formoterol 6 micrograms/ dose</p>		<p>LABA/ICS (Long acting beta2 agonist) plus Inhaled Corticosteroid</p>	<p>Asthma over 18's only, introduce at step 3a Fostair 100/6 MDI 1 puff twice a day via spacer. Can also be used as MART.</p> <p>COPD after LABA + LAMA (stop LABA)- Use Fostair® 100/6 via AeroChamber Plus® spacer in patients with very poor lung function i.e. inspiratory flow <30 L/min.</p>
<p>Beclometasone/Formoterol Extra fine dry powder for inhalation (Fostair NEXThaler®) beclometasone 100 micrograms and formoterol 6 micrograms/dose</p>		<p>LABA/ICS (Long acting beta2 agonist) plus Inhaled Corticosteroid</p>	<p>Asthma over 18's only, introduce at step 3a Fostair 100/6 Nexthaler 1 puff twice a day</p> <p>COPD after LABA + LAMA (stop LABA)</p>
<p>Budesonide/Formoterol Dry powder for inhalation (DuoResp Spiromax® 160 /4.5, 320/9)</p>		<p>LABA/ICS (Long acting beta2 agonist) plus Inhaled Corticosteroid</p>	<p>Asthma over 18's only, introduce at step 3a DuoResp spiromax160/4.5 1 puff twice a day (increased if necessary to 2 puffs twice a day) plus extra puffs as required. Step 4 - DuoResp Spiromax 320/9 micrograms - 2 puffs twice a day</p> <p>COPD after LABA + LAMA (stop LABA) DuoResp® Spiromax 320/9</p>

<p>Budesonide/Formoterol Dry powder for inhalation (Symbicort Turbohaler® 100/6, 200/6, 400/6)</p>		<p>LABA/ICS (Long acting beta2 agonist) plus Inhaled Corticosteroid</p>	<p>Asthma 5-16 only, introduce at step 3a Symbicort turbohaler 100/6 1 -2 puffs twice daily (Child 6 yrs & above)</p> <p>Step 4 Symbicort turbohaler 100/6 2 puffs twice daily (Child 6 years & above)</p> <p>COPD after LABA + LAMA (stop LABA) <i>consider using DuoResp® Spiromax 320/9 as an alternative- same combination but more cost effective.</i></p>
<p>Tiotropium plus olodaterol solution for inhalation. (Spiolto Respimat) Tiotropium 2.5 micrograms and olodaterol 2.5 micrograms/dose</p>		<p>LABA/LAMA (Long acting beta2 agonist) plus Long Acting Muscarinic Antagonist</p>	<p>Asthma - Not indicated</p> <p>COPD Step 3 LAMA + LABA combination where compliance may be an issue with separate inhalers.</p>
<p>Fluticasone plus salmeterol MDI (Seretide® 125, 250) fluticasone propionate 125/250 and salmeterol 25/50micrograms/dose</p>		<p>LABA/ICS (Long acting beta2 agonist) plus Inhaled Corticosteroid –</p> <p>N.B see entry below</p>	<p>Asthma - These are currently not included in the ELMMB Formulary for adults >18 years For 12-18 year olds at Step 3 who cannot use Symbicort Turbohaler, Fostair is not licensed. Alternative choices therefore are Seretide 50 MDI 2 puffs BD at Step 3a and Seretide 125 2 puffs BD at Step 3b.</p> <p>COPD – not preferred formulary choice.</p>
<p>Fluticasone plus salmeterol MDI (Sirdupla® 125, 250) fluticasone propionate 125/250 and salmeterol 25/50micrograms/dose</p>		<p>LABA/ICS (Long acting beta2 agonist) plus Inhaled Corticosteroid</p>	<p>Sirdupla is equivalent to Seretide but is a more cost effective preparation. If it is deemed necessary to prescribe an individual a Fluticasone plus salmeterol MDI then Sirdupla should be prescribed in preference to Seretide.</p>