

Choose a greener inhaler and help tackle climate change

The NHS in Blackburn with Darwen and East Lancashire is supporting the roll-out of environmentally friendly, greener inhalers.

Suitable patients will be offered a dry powder inhaler (DPI) instead of a metered dose inhaler (MDI)*, which work just as effectively but do not use powerful greenhouse gases to propel medication into your lungs.

By making a swap you could cut your carbon footprint by the equivalent of driving around 1,661 miles a year (that's a trip from Manchester to Istanbul).

Ask for more information at your next respiratory review.



*Patients who need to continue on an MDI may be offered a more environmentally friendly MDI