

# ELMMB Formulary Update

September 2016

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Email [interface@eastlancashireccg.nhs.uk](mailto:interface@eastlancashireccg.nhs.uk)  
with any comments or questions

## RED Traffic Light - primary care prescribers should not be asked to prescribe

- **Adalimumab** (Humira®) - moderate to severe hidradenitis suppurativa, as an option in [NICE TAG392](#)
- **Ceritinib** (Zykadia®) - previously treated anaplastic lymphoma kinase positive non-small-cell lung cancer as an option in [NICE TAG395](#)
- **Alirocumab** (Praluent®) - primary hypercholesterolaemia and mixed dyslipidaemia in adults as an option in [NICE TAG393](#)
- **Trametinib** (Mekinist®) - in combination with dabrafenib for treating unresectable or metastatic melanoma as an option in [NICE TAG396](#)
- **Evolocumab** (Repatha®) - primary hypercholesterolaemia and mixed dyslipidaemia, as an option in [NICE TAG394](#)
- **Belimumab** (Benlysta) - active autoantibody-positive systemic lupus erythematosus as an option in [NICE TAG397](#)

## AMBER Traffic Light - initiated by specialists but may then be passed to primary care for prescribing

- **Vortioxetine** (Brintellix®) – major depressive episodes in adults whose condition has responded inadequately to 2 antidepressants
- **Alendronic acid** (Binosto®) – osteoporosis 2<sup>nd</sup> line use, consultant initiation
- **Lidocaine Plasters 5%** (Versatis®) Chronic pain palliative care, end of life, (after all other options for pain management have been exhausted), Specialist initiation only, NB remains **RED** for all other indications other than postherpetic neuralgia and as a final option in palliative care.
- **Guanfacine** (Intuniv®,) - ADHD in children and adolescents 6 -17 years, for whom stimulants are not suitable.

## GREEN Traffic Light - may be prescribed by all prescribers within local or national recommendations

- **Calcium carbonate / colecalciferol** (Accrete D3®) – calcium and vitamin D supplement
- **Alogliptin benzoate** (Vipidia®) – as option in Type 2 Diabetes, where dual therapy is required
- **Acenocoumarol** (nicoumalone) - prevention of thromboembolic diseases
- **Insulin detemir** (Levemir®)- diabetes mellitus – long acting insulin analogue
- **Synalar C®** - Infection & inflammation of eczema & psoriasis (replaces Betnovate C on formulary)

### Guidelines

- [Insulin Toujeo Information sheet](#)
- [Barrier Creams and Films](#)
- [Neuropathic Pain PIL](#)
- [Alogliptin Position statement](#)

### Hot Topics, Drug Alerts & Withdrawals

- [MHRA urges people to be cautious when buying sports supplements](#)
- [Hot Topic – Fever PAIN score: acute sore throat](#)
- [Class 2 medicines recall : Respontin Nebules 250mcg/1ml & Respontin Nebules 500mcg/2ml](#)

### Other

- [Medicines Management Board Minutes July 2016](#)
- [NICE Bites June/July edition](#)
- [Drug Safety Update July 2016](#)
- [Drug Safety Update August 2016](#)
- [Seasonal Influenza Nasal Spray](#)
- [Zero Risk Schemes Position Statement](#)
- [Seasonal Influenza PGD](#)