

## Dependence Forming Medications - High quality e-learning courses from PrescQIPP



This e-learning course designed for medicines management teams, GPs, practice nurses, practice pharmacists and non-medical prescribers covers the statistics around the use of dependence forming medications, including modules on opioids, benzodiazepines & z-drugs and gabapentin & pregabalin. It offers practical advice regarding the initiation of these medicines and how long-term use can be reviewed and managed.

The learning from the course is supported by four case studies and advice from two GPs with a special interest in this area.

### Course content

- This e-learning course has four modules, four case studies and a final exam with a 70% pass mark.
- Once the course is passed a certificate of completion will be issued.

#### MODULE 1

##### Introduction

- Which medicines are considered 'dependence forming'
- The concerns arising from the PHE 2019 Review of Prescribed Medicines
- Statistics relating to the prescribing of dependence forming medications

#### MODULE 2

##### Opioids

- Evidence for the use of opioids in chronic pain
- The adverse effects of opioids
- The need for regular review of opioids
- How opioids can be tapered and stopped

#### MODULE 3

##### Benzodiazepines and z-drugs

- The risks and benefits of benzodiazepines and z-drugs
- How the use of these medicines can be reduced by appropriate initiation and review of existing patients

## MODULE 4

### Gabapentin and pregabalin

- The risks and benefits of gabapentinoids
- How the use of these medicines can be reduced by appropriate initiation and review of existing patients

## Course access

This course is available for members of our medicines management team and GP practice staff in our commissioning area.

### How to access the course

- If you do not already have an account, register on the [PrescQIPP e-learning platform](#). Please select the correct commissioning organisation when registering as this will ensure you're provided with the correct access and don't have to pay for the course
- **You will need an access code before you can access the course. Please email [lscicb-el.adminmmt@nhs.net](mailto:lscicb-el.adminmmt@nhs.net) and on approval we will send you the required code**
- When you have received the code proceed to Log into the PrescQIPP e-learning platform

If you have any questions about the course, please contact [elarning@prescqipp.info](mailto:elarning@prescqipp.info)

Visit the [PrescQIPP website](#) to find out about other courses available.

