

Polypharmacy and deprescribing - High quality e-learning courses from PrescQIPP



This CPD certified course is aimed at GPs, nurse prescribers, PCN and practice pharmacists and pharmacy technicians, medicines optimisation teams and community pharmacists.

It is an update to the original 2017 courses and reflects the increased knowledge and evidence in this area.

Course content

- This e-learning course has eight modules, four case studies and a final exam with an 70% pass mark.
- Once the course is passed a certificate of completion will be issued.

MODULE 1

Introduction to polypharmacy and deprescribing

- Statistics relating to the growth in medicines use
- The definitions of polypharmacy and deprescribing
- Problems associated with polypharmacy

MODULE 2

National and international resources

- National and international resources on polypharmacy

MODULE 3

Evidence base for deprescribing

- Further emerging evidence to support polypharmacy management

MODULE 4

Frailty and multimorbidity

- Concepts and impact of frailty and multimorbidity on inappropriate polypharmacy
- Priorities for medication review in people with frailty and multimorbidity

MODULE 5

Agreeing treatment goals

- The importance of agreeing treatment goals and discontinuation criteria before initiating a medicine
- The principles of shared decision making
- How Patient Decision Aids can support shared decision making

MODULE 6

Medication review

- The aims of a medication review and ways to prioritise patients for a review
- Who can undertake a medication review

MODULE 7

Tools to help with medication review

- The “Medicine-centred” and “Patient-centred” tools available to help with medication review
- Tools that can be used to help reduce inappropriate polypharmacy

MODULE 8

How to deprescribe

- Be aware of some practical aspects of deprescribing
- Be aware of a variety of deprescribing algorithms
- Understand the medico-legal issues of deprescribing

Course access

This course is available for members of our medicines optimisation team and GP practice staff in our commissioning area.

How to access the course

- If you do not already have an account, register on the [PrescQIPP e-learning platform](#). Please select the correct commissioning organisation when registering as this will ensure you're provided with the correct access and don't have to pay for the course
- ***You will need an access code before you can access the course. Please email lscicb-el.adminmmt@nhs.net and on approval we will send you the required code.***
- When you have received the code proceed to Log into the [PrescQIPP e-learning platform](#)

If you have any questions about the course, please contact elarning@prescqipp.info.

Visit the [PrescQIPP website](#) to find out about other courses available.

