

Departments of
Rheumatology & Dermatology

Drug Monitoring Record Book

Patient's name:

Patient's address:

.....

.....

Hospital/Case Note number:

Hospital:

For patients taking methotrexate.

Methotrexate is taken once weekly.
The day of the week for your dose is:

**NB Also specify the dose, in milligrams, and
the number & strength of tablet used**

Monitoring requirements vary for each drug.

This means that some of boxes on the
following pages will not be filled in.

What the terms mean

Hb Haemoglobin - The oxygen carrying protein pigment in the blood, specifically in red blood cells.

WBC White blood cells.

Neutrophils A type of white blood cell.

Platelets An irregular, disc-shaped element in the blood that assists in blood clotting.

ESR Erythrocyte Sedimentation Rate - a blood test that detects and monitors inflammation in the body. The rate increases with more inflammation.

ALT

Enzyme made in the liver which is usually released into the blood during injury. Abnormally high levels may indicate liver damage.

PIIINP

Type 3 procollagen peptide – a blood test used during the treatment of psoriasis to monitor for liver problems.

Creatinine

A substance normally cleared from the blood by the kidney. Increased blood levels of creatinine indicate a problem with kidney function.

Potassium

An essential mineral needed to regulate water balance and blood pressure. Increased blood levels of potassium may indicate a problem with kidney function.

BP

Blood pressure.

Contact details for the healthcare staff looking after you:

Hospital consultant:

Specialist nurse:

GP surgery address:

GP surgery telephone:

Community pharmacy:

Pharmacy address:

Pharmacy telephone:

If found, please return this booklet to: