

Use of non-soluble Prednisolone 5mg tablets

December 2017



Prednisolone soluble tablets have been assigned a **BLACK** traffic light by the East Lancashire Medicines Management Board (ELMMB) for use across the East Lancashire Health Economy.

The cost of the soluble tablets is significantly more expensive than the plain (non soluble) tablets (£35.12 for 30 tablets vs £0.76 for 28 tablets).

Depending on the needs of the patient, Prednisolone 5mg plain tablets can be administered in the following ways:

- The plain tablets will disperse in a small amount of water.
- The tablet can be crushed and mixed with a small amount of soft food such as yoghurt, honey or jam and swallowed immediately.
- The tablet can be swallowed whole with a drink

It has been reported that the palatability of the dispersed plain tablet and that of the soluble tablet is the same.

Please note: Whilst the plain tablets satisfactorily disperse in water, this may take a few minutes

Prednisolone soluble tablets are significantly more expensive than the plain tablets and are BLACK traffic lighted across the East Lancashire Health Economy

A more cost effective option is to use the plain tablets which can be administered a number of ways, depending on individual needs

The plain tablets satisfactorily disperse in water but this may take a few minutes

For further information, please contact the Medicines Management Team on
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