



EAST LANCASHIRE HEALTH ECONOMY MEDICINES MANAGEMENT BOARD

MINUTES OF THE MEETING HELD ON WEDNESDAY 18th OCTOBER 2017
AT 12.30pm

IN SEMINAR ROOM 9, LEARNING & DEVELOPMENT CENTRE,
ROYAL BLACKBURN HOSPITAL

PRESENT:

Dr L Rogan (LR)	Head of Medicines Commissioning NHS EL CCG (Acting Chairperson)
Mrs C Woffindin (CW)	Medicines Information Manager, ELHT
Dr S Jackson (SJ)	Clinical Commissioning Group MM Lead, GP EL
Mrs C Dugdale (CD)	Meds Management Pharmacist NHS BwD CCG
Mr V Goodey (VG)	Assistant Director of Pharmacy, Clin Service ELHT
Mr J Vaughan (JV)	Commissioning Support Pharmacist NHS EL/BwD
Dr K Burch (KB)	Consultant Microbiologist ELHT
Dr T McKenzie (TM)	GP, EL CCG
Mr A Gray (AG)	Clinical Pharmacist, ELHT
Mrs L Holden (LH)	Pharmacist LCFT (representing Ms S Ramdour)
Dr K Rakshi (KR)	Consultant Paediatrician ELHT

In Attendance

Miss H Adam	Pre-registration Pharmacist
Miss M Juwale	Pharmacist (Non-medical prescribing course)
Dr S Perera	Consultant Paediatrician ELHT Community
Mr A Ahmed	Pharmacist, Paediatrics ELHT

2017/130: APOLOGIES:

Dr D Gavan (DG)	Consultant Radiologist ELHT
Mr N Fletcher (NF)	Director of Pharmacy ELHT
Dr Y Naheed	GP, EL CCG

2017/131: DECLARATION OF INTEREST

None declared – relevant to agenda items.

2017/132: MINUTES OF SEPTEMBER MEETING:

Accepted as a correct record.

2017/133: MATTERS ARISING:

Not on action sheet:

2017/124: NICE Recommendations (from July)

Roflumilast (TAG 461) – change traffic light from RED to AMBER.

Traffic Light: AMBER

2017/125: NICE Recommendations (from August)

Bisphosphonates for osteoporosis (TAG 464) - change traffic light from RED to GREEN.

Traffic light: GREEN

Eluxadolone (TAG 471) - change traffic light from RED to AMBER.

Traffic Light: AMBER

From Action Sheet:

2017/096: LMMG Recommendations (from June) Vitamin D Position Statement – on main agenda. Item closed

2017/099: ELHT: Venous Thromboembolism (VTE): Diagnosis & Management (Non-Obstetric) – pathway in progress. Bring back when completed. Item closed.

2017/113: Unlicensed Product Request – Ascorbic Acid Injection – requestor not pursuing. Item closed.

2017/120: INR Self Testing – documents being reviewed, to be brought back when completed. Item closed.

2017/124: NICE Recommendations (from July) Collagenase clostridium histolyticum for Dupuytren's contracture (TAG 459) – ELHE existing policy is in line with NICE.

2017/137 LMMG RECOMMENDATIONS (from Sept LMMG)

Melatonin Position Statement – Dr Perera, Dr Rakshi and A Ahmed in attendance for this item.

LMMG have recommended Red traffic light for new initiation in children with sleep disorders, continuing with current arrangement (Red) for existing patients and Black for adults with ADHD.

Dr Perera and Dr Rakshi explained that ADHD is a disease entity with associated sleep disorder and from their experience melatonin can be a useful medication to assist the management of the sleep problems. They would like to see it as Amber traffic light for children and those who transition into adult services to enable the GP's to prescribe. A lengthy discussion took place which covered a variety of issues including:

- Adverse effects of treatments for ADHD,
- Adverse effects & safety of alternative preparations for sleep
- Limited published evidence of efficacy of melatonin
- Use of a protocol including review of patients and use of sleep diaries
- Lack of commissioned services for adult

Comments to be fed back to LMMG.

To remain with a red traffic light. Ongoing discussions are required between paediatricians, ELHT pharmacy and CCG's.

Resolved: Melatonin to remain red traffic light.

2017/134: NEW PRODUCT REQUEST – ARTISS® (SOLUTIONS FOR SEALANT)

Request by Mr McAlister, Consultant Oral & Maxillofacial Surgeon, for use as an adjunct to haemostasis in parotidectomy surgery and other head/neck procedures. It has a potential to reduce overnight stays for procedures. Approved from a clinical perspective. Financial impact to be reviewed in directorate.

Resolved: Artiss® approved clinically.

Traffic light: RED

2017/135: UNLICENSED PRODUCT REQUEST - PAROMOMYCIN

Paromomycin is the only available luminal agent for treatment of liver abscess. Its use has been recommended by the antimicrobial stewardship group for this condition which is often difficult to treat.

Approved for inclusion in formulary on microbiologist recommendation only.

Resolved: Paromomycin included on formulary on microbiologist recommendation only.

Traffic light: RED

2017/136: LMMG CONSULTATIONS (for Nov LMMG)

COPD Guidelines – non inhaler – This consultation was considered together with LMMG COPD Inhaler Guideline (Item 2017/137) and ELHE COPD Guideline (Item 2017/140).

ELMMB supports the use of the ELHE COPD Guidelines rather than the one produced by LMMG. The ELHE guideline was considered clearer to use with more logical selection of devices for step up and step down. The guideline is mainly aimed at primary care with a focus on inhaler choice and technique earlier in the pathway. Other inhalers are available on formulary for secondary care where those included in pathway have not improved symptoms.

Metformin for Pre-Diabetes Recommendation – ELMMB is in support of metformin for this indication but not as a branded MR preparation. LR has sent in comments from EL CCG.

Ophthalmology Macular Pathway – updated pathway. The ophthalmologists would like consideration to removing the visual acuity restrictions for AMD to allow treatment of patients at an earlier stage.

Penicillamine Shared Care – comment that monitoring does not need to be monthly in the long term, 3 monthly will be suitable.

Resolved: CW to send comments to LMMG

2017/137 LMMG RECOMMENDATIONS (from Sept LMMG)

Insulin Aspart Fiasp® Recommendation

LMMG recommendation accepted as written for ELHE.

Traffic Light: GREEN

COPD Inhaler Guideline – not supported for use in ELHE. (see Item 2017/136)

Pathway for the Prevention of Stroke and Systemic Embolism in Non-valvular Atrial Fibrillation

LMMG pathway accepted for ELHE.

(on page 5 NOAC should be DOAC – feed back to LMMG)

Oral Nutritional Supplements in Primary Care

LMMG recommendation accepted as written for ELHE. It complements the existing ELHE guidance.

Vitamin D Position Statement

The LMMG position statement and the ELHE adult and children's Vitamin D guidance to be considered together. The products to recommend also to be considered. JV to look at and bring back to January meeting.

DMARD's Shared Care Guidelines

Leflunamide shared care states 3 monthly reviews but SPC states 8 weekly – feedback to LMMG.

Other LMMG DMARD Shared Care documents accepted as written for ELHE.

2017/138: FORMULARY UPDATES

Vitamins – included in CCG self-care policy. To remain on formulary

Ascorbic acid tablets – to remain on formulary

BAD (British Association of Dermatologists) Specials Formulary – agreed to use this formulary for dermatology specials products. If other specials products are required a request should be completed through the New Drugs request form.

Ciclosporin eye drops – specialist prescribing only - change traffic light to Red.

Traffic Light: RED

Omeprazole liquid – allocate Black traffic light. For children Losec® MUPS dissolved in water are recommended – ELHT leaflet to be included on website. For adults recommend lansoprazole orodispersible tablets.

Lamotrigine liquid – allocate Black traffic light, dispersible tablets recommended.

Arginine liquid – recent serious incident resulted in child in intensive care - change traffic light status to red to reduce risks.

Diazoxide liquid – Concerns of treatment failures reported from MCH – change traffic light status to red.

Paraldehyde – specialist prescribing only – change traffic light status to red.

Sodium Chloride nebulas – specialist use in paediatrics – change traffic light status to red.

Phenobarbitone – Concerns raised over the number of strengths, volumes and products available leading to potential transcription errors. ELMMB agreed that having a more streamlined formulary would improve patient safety. Change traffic light status to red.

ELMMB supported a red traffic light for new patients for the preparations above, with current arrangements to continue for existing patients until suitable transition can be arranged.

Resolved: Formulary to be updated as above

2017/139: SAPG GENTAMICIN GUIDELINES

The Antimicrobial Stewardship group have proposed changing the guidelines for gentamicin dosing to reduce risk when calculating doses. They have proposed using the SAPG (Scottish Antimicrobial Prescribing Group) recommended GGC (Greater Glasgow & Clyde) guidelines for intravenous gentamicin for the treatment of infections. The guidelines are simple to use and based on available clinical evidence. SAPG gentamicin guidelines approved to replace current gentamicin dosing guidance in Antimicrobial Guidelines.

Resolved: SAPG Gentamicin guidelines approved to replace current gentamicin dosing guidelines.

2017/140: ELHE COPD GUIDELINE

Discussed with item 2017/136.

ELMMB considers the ELHE guideline to be clearer and simpler to use and recommends that the ELHE updated guideline is used. It was agreed that the local guideline was aimed largely at primary care and other inhalers/devices are available on formulary for secondary care.

Resolved: ELHE COPD updated guideline approved for use

2017/141: ELHE SYRINGE PUMP POLICY - UPDATED

Two new monographs (alfentanil and levetiracetam) have been included in the policy. Updated policy approved.

Resolved: Updated Syringe Pump Policy approved.

2017/142: ELHT URINARY CATHETER POLICY

The policy includes reference to use of Instillagel®. This now needs to be expressed generically to allow use of other products.

Resolved: Request reference to Instillagel® is changed to generic.

2017/143: FREESTYLE LIBRE® GLUCOSE MONITORING SYSTEM

This flash glucose monitoring system uses interstitial fluid glucose levels and will be included in the drug tariff from November. PrescQIPP are not currently recommending its use. LMMG were to review but the new RMOC (Regional Medicines Optimisation Committee) will be reviewing on a national level. The FreeStyle Libre to be allocated a GREY 'under review' traffic light with the PrescQIPP recommendation document included on the website for information.

Resolved: FreeStyle Libre® Glucose Monitoring System awaiting review from RMOC.
Traffic Light: GREY

2017/144: ELMS OUT OF HOURS FORMULARY

The ELMS (East Lancashire Medical Services) out of hours formulary has been updated in line with the new palliative care guidelines. Agreed to also include pivmecillinam and change nitrofurantoin to the MR product. The blood glucose strips may need updating. Recommendation was made to check meters are suitable for multiple patient uses. Changes to formulary approved.

Resolved: Updated ELMS Out of Hours Formulary approved.

2017/145: BSNA LETTER – ORAL NUTRITIONAL SUPPLEMENTS

A letter has been received from BSNA (British Specialist Nutrition Association Ltd) commenting on the 'Prescribing Oral Nutritional Supplement (Sip Feeds) for care homes residents' document on the ELMMB website. A response was circulated to members for approval. Response to be signed by LR and DG.

Resolved: Response letter approved for sending to BSNA.

2017/146: PROTOCOL FOR ORDERING, STORING & HANDLING VACCINES

It is proposed that the PHE (Public Health England) protocol for ordering storing and handling vaccines is adopted for local use. Approved for use in ELHE

Resolved: PHE Protocol for ordering, storing & handling vaccines is adopted for use in ELHE.

2017/147: BLOOD GLUCOSE TESTING SUPPORT DOCUMENTS

Two documents were presented to support blood glucose testing.

The EL blood glucose care plan supports self-monitoring of blood glucose with frequency information and quantities of strips recommended. It was suggested to remove reference to 3-6 monthly testing of HbA1c from first two boxes.

The safe driving leaflet was supported by ELMMB.

Resolved: Blood glucose support documents approved for use.

2017/148: NICE RECOMMENDATIONS (from July)

Sorafenib for treating advanced hepatocellular carcinoma [TA474] is recommended as an option by NICE. Approved in line with NICE.

NHS England Commissioned

Traffic Light: RED

Dimethyl fumarate for treating moderate to severe plaque psoriasis [TA475] is recommended as an option by NICE. Approved in line with NICE.

CCG Commissioned (Blueteq form required)

Traffic Light: RED

Paclitaxel as albumin-bound nanoparticles with gemcitabine for untreated metastatic pancreatic cancer [TA476] is recommended as an option by NICE. Approved in line with NICE. NHS England Commissioned

Traffic Light: RED

Cetuximab and panitumumab for previously untreated metastatic colorectal cancer (TAG 439 updated) is recommended as an option by NICE. Approved in line with NICE.

NHS England Commissioned

Traffic Light: RED

Pembrolizumab for treating PD-L1-positive non-small-cell lung cancer after chemotherapy (TAG 428 updated) recommended as an option by NICE. Approved in line with NICE.

NHS England Commissioned

Traffic Light: RED

Pembrolizumab for advanced melanoma not previously treated with ipilimumab (TAG 366 updated) recommended as an option by NICE. Approved in line with NICE.

NHS England Commissioned

Traffic Light: RED

Pembrolizumab for treating advanced melanoma after disease progression with ipilimumab (TAG 357 updated) recommended as an option by NICE. Approved in line with NICE.

NHS England Commissioned

Traffic Light: RED

STANDING ITEMS

2017/149: FOR ACTION/INFORMATION: LANCASHIRE MEDICINES MANAGEMENT GROUP MINUTES – Sept 2017

Minutes acknowledged

2017/150: FOR ACTION/INFORMATION: LANCASHIRE CARE FOUNDATION TRUST D & T MINUTES – July 2017

Minutes acknowledged

2017/151: FOR ACTION/INFORMATION: LANCASHIRE CARE FOUNDATION TRUST D & T MINUTES – Sept 2017

Minutes acknowledged

DATE OF NEXT MEETING – Next meeting is **Wednesday 15th November 2017 12.30pm**, Seminar Room 6, Learning and Development Centre, RBH.

**ACTION SHEET FROM
EAST LANCASHIRE HEALTH ECONOMY
MEDICINES MANAGEMENT BOARD**

WEDNESDAY 18th OCTOBER 2017

MINUTE NUMBER	DESCRIPTION	ACTION	DATE
2017/137	LMMG Recommendations (from Sept) Melatonin Position Statement – send comments to LMMG, – Ongoing discussions required between paediatricians, ELHT pharmacy & CCG's	CW	Nov 17
2017/137	LMMG Recommendations (from Sept) Vitamin D Position Statement – to be considered together with ELHE guidelines & products used	JV	Jan 18
2017/142	ELHT Urinary Catheter Policy – request use generic name instead of Instillagel®	VG	Nov 17