

## bettertogether



## MALNUTRITION UNIVERSAL SCREENING TOOL (MUST)

Patient's Name:	DOB:L	ocation:		NHS Numbe	r:	
				estimate/actual		
For each section below circle one score	Date					1
	Weight (Kg)	Actual/Estimate Weight:	Actual/Estimate Weight:	Actual/Estimate Weight:	Actual/Estimate Weight:	Actual/Estimate Weight:
BODY MASS INDEX (BMI) kg/m <sup>2</sup>						
20 or more		0	0	0	0	0
• 18.5 - 20			1	1	1	1
less than 18.5		2	2	2	2	2
UNPLANNED WEIGHT LOSS IN THE LAST 3-6MONTHS		0	0	0	0	0
• <5% • 5-10%		1	1	1	1	1
• 5-10% • >10%		2	2	2	2	2
• >10% NUTRITIONAL INTAKE			<u> </u>	£		-
Patient is eating and drinking		0	0	0	0	0
<ul> <li>If patient is acutely ill AND there has been or is likely</li> </ul>	v to be no nutritional intake for >5 days score 2	2	2	2	2	2
	TOTALS					
	ACTIO	ON	1		1	<u> </u>
0 LOW RISK Follow food first guidelines	1     2 or more       DIUM RISK     HIGH RISK       es "MUST score 1 Care Pathway"     Follow score 1 Care Pathway ar       Dietitian			ISK thway and refer to		
Date Actions Taken following screening						Signature
Review date set:						

The 'Malnutrition Universal Screening Tool' ('MUST') is based on and reproduced here with the kind permission of BAPEN (British Association for Parenteral and Enteral Nutrition). Further information on the 'MUST' materials is available on the BAPEN website www.bapen.org.uk



Date	Actions Taken following screening	Signature	е
	Review date set:		

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