

bettertogether



MALNUTRITION UNIVERSAL SCREENING TOOL (MUST)

Patient's Name:	DOB:L	ocation:		NHS Numbe	r:	
				estimate/actual		
For each section below circle one score	Date					1
	Weight (Kg)	Actual/Estimate Weight:	Actual/Estimate Weight:	Actual/Estimate Weight:	Actual/Estimate Weight:	Actual/Estimate Weight:
BODY MASS INDEX (BMI) kg/m ²						
20 or more		0	0	0	0	0
• 18.5 - 20			1	1	1	1
less than 18.5		2	2	2	2	2
UNPLANNED WEIGHT LOSS IN THE LAST 3-6MONTHS		0	0	0	0	0
• <5% • 5-10%		1	1	1	1	1
• 5-10% • >10%		2	2	2	2	2
• >10% NUTRITIONAL INTAKE			<u> </u>	£		-
Patient is eating and drinking		0	0	0	0	0
 If patient is acutely ill AND there has been or is likely 	v to be no nutritional intake for >5 days score 2	2	2	2	2	2
	TOTALS					
	ACTIO	ON	1		1	<u> </u>
0 LOW RISK Follow food first guidelines	1 2 or more DIUM RISK HIGH RISK es "MUST score 1 Care Pathway" Follow score 1 Care Pathway ar Dietitian			ISK thway and refer to		
Date Actions Taken following screening						Signature
Review date set:						

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Date	Actions Taken following screening	Signature	е
	Review date set:		

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