

The importance of taking Parkinson's Medication on time

February 2018



It is vital that people with Parkinson's disease receive their medication **ON TIME – EVERY TIME**. If a person with Parkinson's disease does not receive their medication on time, it can cause loss of symptom control and it may take a long time to recover. This may result in patients requiring extra care and can have devastating consequences for their wellbeing and quality of life.

Communication between patients, carers and health professionals is essential to prevent missed doses of medication, particularly during the transfer of care. A number of resources have been produced by Parkinson's UK which highlight that a patient is on Parkinson's medication. This includes stickers which can be attached to MAR charts, alerting hospital staff upon admission that the person is on Parkinson's medication.

Local guidance stipulates that all Parkinson's medication (even if it is in a blister pack) should be sent with the person when being admitted into hospital. Further information about what medication should be sent into hospital during an admission can be obtained at:

<http://www.elmmb.nhs.uk/search/?s=1&searchRequestDefaultId=13&baseResultsSearchRequestId=33048>

The Medicines Management Team are currently distributing these resources to care homes and further supplies can be obtained by contacting Parkinson's UK on 0808 800 0303 or resources@parkinsons.org.uk

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Further information and resources on how to support people manage their Parkinson's disease medication can be obtained from Parkinson's UK

For further information, please contact the Medicines Management Team on
01254 282087 (BwD CCG) or 01282 644807 (EL CCG)