

Dependence Forming Medications - High quality e-learning courses from PrescQIPP



This e-learning course designed for medicines management teams, GPs, practice nurses, practice pharmacists and non-medical prescribers covers the statistics around the use of dependence forming medications, including modules on opioids, benzodiazepines & z-drugs and gabapentin & pregabalin. It offers practical advice regarding the initiation of these medicines and how long-term use can be reviewed and managed.

The learning from the course is supported by four case studies and advice from two GPs with a special interest in this area.

Course content

- This e-learning course has four modules, four case studies and a final exam with a 70% pass mark.
- Once the course is passed a certificate of completion will be issued.

MODULE 1

Introduction

- Which medicines are considered 'dependence forming'
- The concerns arising from the PHE 2019 Review of Prescribed Medicines
- Statistics relating to the prescribing of dependence forming medications

MODULE 2

Opioids

- Evidence for the use of opioids in chronic pain
- The adverse effects of opioids
- The need for regular review of opioids
- How opioids can be tapered and stopped

MODULE 3

Benzodiazepines and z-drugs

- The risks and benefits of benzodiazepines and z-drugs
- How the use of these medicines can be reduced by appropriate initiation and review of existing patients

MODULE 4

Gabapentin and pregabalin

- The risks and benefits of gabapentinoids
- How the use of these medicines can be reduced by appropriate initiation and review of existing patients

Course access

This course is available for members of our medicines optimisation team and GP practice staff in our commissioning area.

How to access the course

- If you do not already have an account, register on the [PrescQIPP e-learning platform](#). Please select the correct commissioning organisation when registering as this will ensure you're provided with the correct access.
- You will need an access code before you can access the course. Please email lscicb-el.adminmmt@nhs.net and on approval we will send you the required code.
- When you have received the code proceed to Log into the [PrescQIPP e-learning platform](#).
- Find the course and select 'Access course' then enter the access code.



If you have any questions about the course, please contact elearning@prescqipp.info

Visit the [PrescQIPP website](#) to find out about other courses available.