



Inhaler Switch options for **ASTHMA** in adults (> 18yrs only)

NON FORMULARY	FORMULARY
<p>Seretide 100 Accuhaler 1 puff twice a day <i>or</i> (equivalent to 400mcg BDP/day)</p> <p>Seretide (or Sirdupla) 50 MDI 2 puffs twice a day (equivalent to 400mcg BDP/day)</p>	<p>Fostair 100/6 MDI or Nexthaler device 1 puff twice a day <i>or</i> (equivalent to 500mcg BDP/day)</p> <p>Duosp Spiromax 160/4.5 1 puff twice a day (equivalent to 400mcg BDP/day)</p>
<p>Seretide 250 Accuhaler 1 puff twice a day <i>or</i> (equivalent to 1000mcg BDP/day)</p> <p>Seretide (or Sirdupla) 125 MDI 2 puffs twice a day <i>or</i> (equivalent to 1000mcg BDP/day)</p> <p>Seretide (or Sirdupla) 250 MDI 1 puff twice a day * (equivalent to 1000mcg BDP/day)</p> <p>*(unlicensed dosage)</p>	<p>Fostair 100/6 MDI or Nexthaler device 2 puffs twice a day <i>or</i> (equivalent to 1000mcg BDP/day)</p> <p>Duosp Spiromax 320/9 1 puff twice a day (equivalent to 800mcg BDP/day)</p>
<p>Seretide 500 Accuhaler 1 puff twice a day <i>or</i> (equivalent to 2000mcg BDP/day)</p> <p>Seretide (or Sirdupla) 250 MDI 2 puffs twice a day (equivalent to 2000mcg BDP/day)</p>	<p>Fostair 200/6 MDI or Nexthaler device 2 puffs twice a day <i>or</i> (equivalent to 2000mcg BDP/day)</p> <p>Duosp Spiromax 320/9 2 puffs twice a day (equivalent to 1600mcg BDP/day)</p>

BDP = Beclomethasone dipropionate equivalent

NB: For patients who have been *admitted to hospital with an asthma exacerbation* please consider when switching inhalers that the steroid dose is steroid equivalent. Switching to a combination inhaler at a lower steroid equivalent dose could result in re-admission



Inhaler Switch options for COPD

NON FORMULARY (or <i>not</i> preferred)	FORMULARY (preferred)
<p>Seretide 500 Accuhaler <i>1 puff twice a day or</i> Seretide (or Sirdupla) 250 MDI <i>2 puffs twice a day or</i> Symbicort 400/12 turbohaler <i>1 puff twice a day or</i> Symbicort 200/6 turbohaler <i>2 puffs twice a day *</i></p> <p><i>*NOTE: Although Symbicort is formulary, it is a 2nd line option and should be reserved as an alternative for patients who cannot tolerate the Duoresp Spiromax device. A switch to Duoresp Spiromax may therefore be considered.</i></p> <p><i>NOTE: Any other non-formulary inhaler should be switched to one of the formulary preferred options. Ensure prescribed dose is licensed for COPD (even if the dose is <u>not</u> steroid equivalent)</i></p>	<p>Fostair 100/6 MDI or Nexthaler device <i>2 puffs twice a day or</i> Duoresp Spiromax 320/9 <i>1 puff twice a day</i></p>