

## Polypharmacy and deprescribing concise - High quality e-learning courses from PrescQIPP



This concise course has been specifically developed from our longer Polypharmacy and deprescribing e-learning course, for use by GPs and experienced healthcare practitioners. The longer course may be more suitable for non-medical prescribers and trainee GPs.

### Course content

- This e-learning course has five modules, four case studies and a final exam with a 70% pass mark.
- Once the course is passed a certificate of completion will be issued.

#### MODULE 1

##### Introduction

#### MODULE 2

##### Background to deprescribing

- Highlights the numbers of people taking multiple medicines
- Explains the difference appropriate and potentially inappropriate polypharmacy and defines deprescribing
- Explores medico-legal issues relating to deprescribing

#### MODULE 3

##### Multimorbidity

- Key recommendations from the NICE Guidance on Multimorbidity (NG56) guidance – who may benefit and how
- Introduces the Database of Treatment Effects
- How multi-morbidity can contribute to inappropriate polypharmacy and how this might be addressed

#### MODULE 4

##### Frailty and end of life care

- Definition, identification and consequences of frailty
- Methods to assess frailty
- High risk medicines in patients with frailty
- How to reduce the medicine (pill) burden in patients with frailty and those approaching end-of-life

## MODULE 5

### Shared decision making

- How to undertake shared decision-making relating to initiation of medicines, based on what is important to each person in terms of treatments, health priorities, lifestyle and goals
- Introduction to Patient Decision Aids and how to use them

## MODULE 6

### Medication review

- Importance of medication review.
- What is a “gold standard” medication review?
- Signposts to (and explains) practical resources for undertaking medication review and deprescribing
- These include tools such as IMPACT, STOPP/START, NO TEARS, 7 Steps, Beers Criteria

## Course access

This course is available for all members of our medicines management team and GP practice staff in our commissioning area.

### How to access the course

- If you do not already have an account, register on the [PrescQIPP e-learning platform](#)
- Please select the correct commissioning organisation when registering as this will ensure you're provided with the correct access and don't have to pay for the course.
- Log into the [PrescQIPP e-learning platform](#)
- Find the course and select 'Access course'. This will automatically enrol you.

If you have any questions about the course, please contact [help@prescqipp.info](mailto:help@prescqipp.info)

Visit the [PrescQIPP website](#) to find out about other courses available.

